

ST MARYS SOUTH PUBLIC SCHOOL



WELCOME

Session 1 9 Nov 2023 School Readiness

ACKNOWLEDGEMENT OF COUNTRY

We would like to acknowledge the Dharug people who are the Traditional Custodians of this land.

We would also like to pay respect to the Elders both past, present and future for they hold the memories, traditions, the culture and hopes of Indigenous Australia.



SESSION INFORMATION

Session 1 – Thursday 9th November.

- Preparing your child for school school readiness
- Collect student bags
- Select Best Start day and time

Session 2 – Friday 17th November

- St Marys South PS and what to expect and what we offer
- Collect student bags
- Select Best Start day and time



OUR SCHOOL VISION

Vision

Excellence and Equity.

Values

Kindness and Respect.

<u>Beliefs</u>

At St Marys South Public School:

- We value our students, staff and community.
- We recognise emotional, social and academic growth.
- We inspire our learning community through trust, opportunity and student achievement.





LIFESTART - PENRITH

1800 953 390

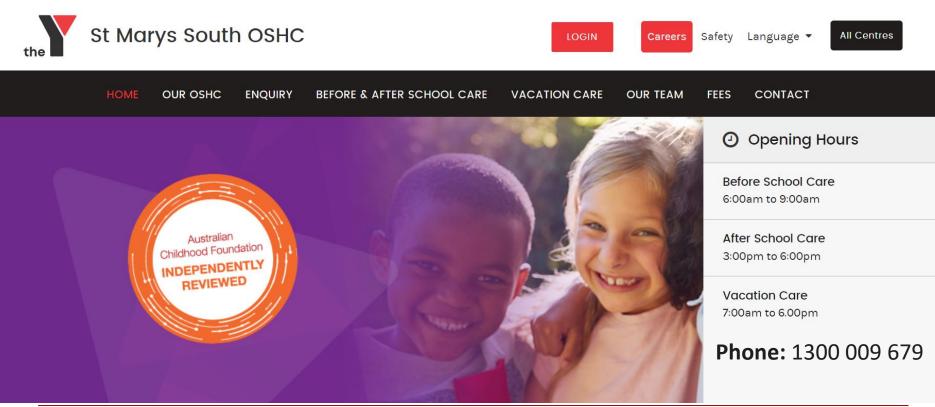




How can Lifestart support you?



OSHC- out of school hours



PREPARING FOR SCHOOL

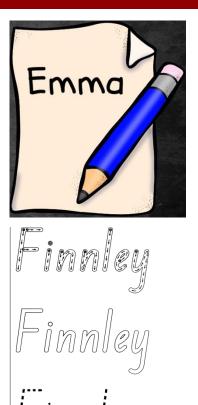
Parents and caregivers can do lots to help prepare their child before they start school. In the lead up to starting school, it is beneficial for children to be given plenty of opportunities to practise the following skills!



WRITING THEIR NAME

• Capital letter at the beginning only.

 It can be very hard to 'unteach' stray capitals in names!



GETTING DRESSED INDEPENDENTLY

- Students should be able to dress themselves independently.
- Putting on/taking off school shoes and socks.
- Opportunities to practise tying own shoelaces.
- Putting on jumpers and raincoats independently.



FAMILIARISE WITH SCHOOL BAG

- Recognising their backpack
- Getting used to putting bags on their backs, carrying them, and taking them off.
- Packing their bags with all their school items.



USING TOILETS INDEPENDENTLY

- Discuss how your child will use the toilets at school.
- Remind them that they will be given regular times to go throughout the school day. They must always ask the teacher before they go during class time.
- For boys: familiarise with urinals and make sure they know how to use them correctly.
- Pack a spare pair of underpants in your child's school bag-just in case!



WEARING HATS OUTSIDE

• No hat, no play.

• When children come inside, get them to practise putting their hat in a designated place to keep it safe.



PERSONAL HYGIENE

- Practise using tissues to blow their nose.
- Washing hands after going to the toilet.





SOCIAL SKILLS

- Lots of opportunities to play cooperatively with other children- practise sharing, turn taking etc.
- Encourage them to apologise when they make a mistake.
- If possible, arrange some play dates with other children- also a good opportunity to help your child learn how to separate from their parent or carer without too much distress.



PREPARING FOR EATING BREAKS

- Opening and closing lunch boxes.
- Ensure your child can unwrap or open all containers.
- Using drink bottles and bubblers.
- Discuss what they will eat at different eating breaks- e.g. Morning Tea, Lunch, Fruit Break.



CRUNCH & SIP

- Fruit/vegetables and water only.
- Please chop into small pieces.
- Preferably no messy fruits!



 Container separate from lunchbox

READ, READ, READ!

- Children who enjoy books are always more enthusiastic to learn to read.
- Practise holding a book correctly and turning the pages.
- Ask questions about what you've read. For example:
 - What happened next?
 - What was your favourite part?



READ, READ, READ!

- Read poems and Nursery Rhymes.
- Poetry develops phonemic awareness (e.g. ability to hear rhyme, distinguish sounds etc) which is the single biggest predictor of future reading ability.



LANGUAGE SKILLS

• Encourage your child to talk about familiar objects and events.



• Following simple 2 step instructions e.g. put on your pyjamas, then go and brush your teeth.



LANGUAGE SKILLS



- Encourage your child to communicate their needs
 e.g. I'm thirsty, I need to go to the toilet.
- Allow your child to use a variety of tools to draw, scribble or write known words.

NUMBER SKILLS

- Simple counting
- Identifying numerals 1-10 and counting out corresponding objects
 - E.g. count 5 teddies
- Matching objects that are similar shape, size or colour.



St Marys South Public School

FINE MOTOR SKILLS



- Cutting and pasting-using scissors safely and holding scissors correctly.
- Pencil control get your child used to holding pencils, encourage correct pencil grip whenever possible.

FINE MOTOR SKILLS

• Working with playdoh, tracing, beads, Lego etc.

 Also build gross motor skills through indoor and outdoor play, and encouraging your child to engage in activities that develop balance and coordination.



SOCIAL EMOTIONAL SKILLS

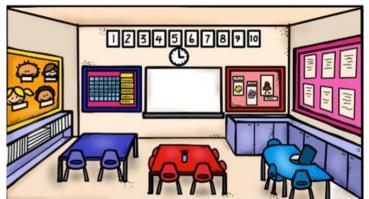
- Developing resilience
- Playing cooperatively in groups
- Self help/problem solving- role play scenarios and how to problem solve them
- Tidying up after themselves
- Responsibility for their own items
- Interacting with adults other than parents



PREPARING FOR THE FIRST DAY

In the weeks leading up to the first day of school:

• Discuss the kinds of things that will happen at school. Try to get your child excited!





• Go for a walk past the school.

PREPARING FOR THE FIRST DAY

Welcome Kindergarten 2024 St Marys South Public School Read the social story about our school



Read the story of Daisy and her first day of school

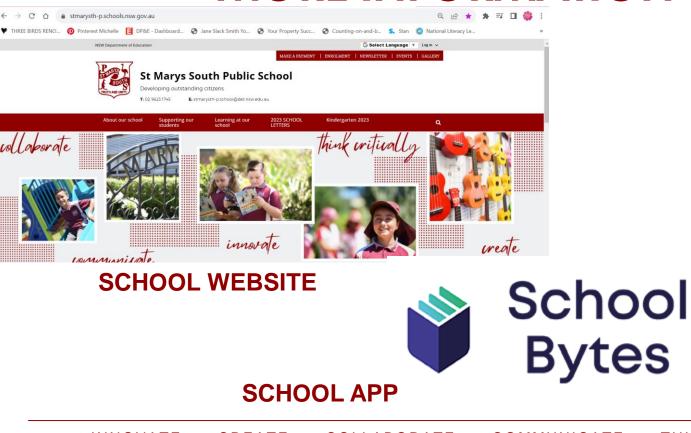


STUDENT BAGS

- Collect your child's bag from the table.
- Inside there are resources and activities to assist in preparing your child for school.



MORE INFORMATION





FACEBOOK

BEST START KINDERGARTEN ASSESSMENT

Kindergarten children at NSW public schools undergo the Best Start Kindergarten assessment at the beginning of the school year.

The purpose is to identify what language, literacy and numeracy skills your child brings to school and inform the planning of teaching and learning.

It help teachers to develop effective learning programs that build upon what each child knows and can do when they start Kindergarten.

We know that every child starts school with their own set of experiences, skills and abilities

> https://education.nsw.gov.au/teaching-and-learning/curriculum/literacy-andnumeracy/assessment-resources/best-start-kindergarten

BEST START EXAMPLES

Best Start: an example of a literacy question

Tell me what happened in the story. Start counting and I will tell you when to stop.

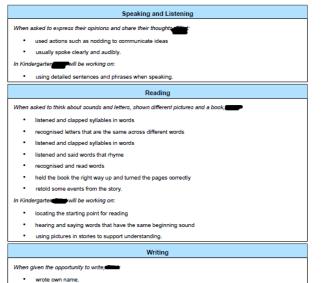
Best Start: An example of a numeracy question

PARENT REPORT

Best Start Kindergarten Assessment Parent Feedback Summary



Areas of Literacy



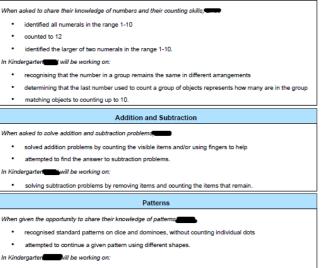
INNOVATE CREATE COLLABORATE

Best Start Kindergarten Assessment Parent Feedback Summary



Areas of Numeracy

Numbers and Counting



identifying, creating and continuing a variety of patterns.

COMMUNICATE THINK CRITICALLY

Dates for your diary

Last day of Starter School Group

Tuesday 5th December

Best Start Assessment period (Individual day TBA)

Thursday1st FebruaryFriday2nd FebruaryMonday5th FebruaryTuesday6th February



<u>Kindergarten first day of school</u>

Wednesday 7th February – straight to the classroom each morning until class teachers inform you that they are ready to meet in the playground

Thank you

• Questions?



- Please complete your questionnaire and choose 3 times for your child's Best Start Assessment. We will endeavour to accommodate your preferred times.
- Please leave the questionnaire in the box on the stage.
- Your Best Start time will be confirmed via email.
- Please collect your child from the Kindergarten rooms (students will be dismissed individually).