

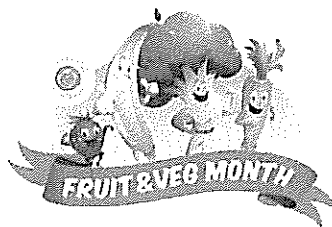


# ST MARYS SOUTH PUBLIC SCHOOL

INNOVATE CREATE COLLABORATE COMMUNICATE THINK CRITICALLY

## FRUIT & VEG MONTH

2<sup>nd</sup> SEPTEMBER - 27<sup>th</sup> SEPTEMBER 2019



Dear Parents/Caregivers

This year St Marys South will be taking part in Fruit and Veg Month. This program is designed to educate students on the benefits of eating fruit and vegetables as part of a healthy lifestyle. The theme for Fruit and Veg Month 2019 is 'The Adventure of Captain Fruit N Veg'.

Students will be participating in a range of classroom activities including taste testing fruit and vegetables. If you do **not** want your child to participate in fruit and vegetable tasting please fill in the note below and hand to your child's classroom teacher.

For further information about Fruit & Veg Month please visit <https://healthy-kids.com.au/>

Yours sincerely

Mrs L. Venables  
Organisers

  
Mr H. Vassila  
Principal

---

## FRUIT & VEG MONTH TASTE TESTING

2<sup>nd</sup> SEPTEMBER - 27<sup>th</sup> SEPTEMBER 2019

I do **NOT** want my child to participate in fruit and vegetable tasting.

Child's name: \_\_\_\_\_ of class: \_\_\_\_\_

Parent/Carer name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

